

Dr. Paul O.

Then Quitting Drinking" ()

" here's ore to Quitting Drinking

" (living amends)

"*"

*Gloria Steinem, *Revolution From Within – A Book of Self-Esteem*, Boston: Little, Brown&Co., 1992), p. 17

1.

(- ?) , 61 82 .

16.

31 1967

” ?”

Fragmented text consisting of various symbols, punctuation marks, and characters scattered across the page.

1965 . :

Fragmented text at the bottom of the page, including a small block of three asterisks and various symbols.

?

?

:

?

” (Anthony de

Mello, Awareness, New York: Doubleday, p.9) To

”

,

,

,

—

.

”

”

,

,

”

,

,

”

,

—

—

,

.

,

,

.

,

,

,

,

,

—

,

.

.

—

.

”

,

.

.

.

—

.

.

,

,

:

”

”

(Alcoholics Anonymous, Third Edition, New York : World Services, Inc., 1976),

20

30

1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes the need for transparency and accountability in financial reporting.

2. The second part of the document outlines the various methods and techniques used to collect and analyze data. It includes a detailed description of the experimental procedures and the tools used for data collection.

3. The third part of the document presents the results of the study. It includes a series of tables and graphs that illustrate the findings of the research. The data shows a clear trend in the relationship between the variables being studied.

4. The fourth part of the document discusses the implications of the findings and provides recommendations for future research. It suggests that further studies should be conducted to explore the underlying mechanisms of the observed phenomena.

5. The fifth part of the document concludes the study and summarizes the key findings. It reiterates the importance of accurate record-keeping and the need for continued research in this field.

1. The first part of the document discusses the importance of maintaining accurate records of all transactions. This is essential for ensuring the integrity of the financial statements and for providing a clear audit trail. The records should be kept up-to-date and should be easily accessible to all relevant parties.

2. The second part of the document outlines the various methods used to collect and analyze data. These methods include interviews, surveys, and focus groups. Each method has its own strengths and weaknesses, and it is important to choose the most appropriate method for the specific research objectives.

3. The third part of the document describes the process of data analysis. This involves identifying patterns and trends in the data, and then interpreting these findings in the context of the research objectives. It is important to be objective and unbiased in the analysis, and to avoid drawing conclusions that are not supported by the data.

4. The fourth part of the document discusses the importance of communicating the results of the research. This involves preparing a clear and concise report that summarizes the findings and provides recommendations for action. The report should be written in a way that is easy to understand and that is accessible to all relevant parties.

5. The fifth part of the document discusses the importance of ethical considerations in research. This involves ensuring that the research is conducted in a way that is respectful of the rights and privacy of the participants. It is important to obtain informed consent from all participants, and to ensure that the data is stored and handled in a secure and confidential manner.

6. The sixth part of the document discusses the importance of ongoing evaluation and improvement of the research process. This involves regularly reviewing the progress of the research and making adjustments as needed. It is important to be open to feedback and to be willing to learn from mistakes.

7. The seventh part of the document discusses the importance of collaboration and teamwork in research. This involves working closely with colleagues and sharing ideas and resources. It is important to have a clear understanding of each other's roles and responsibilities, and to communicate effectively throughout the process.

8. The eighth part of the document discusses the importance of staying up-to-date on the latest research in the field. This involves regularly reading journals and articles, and attending conferences and workshops. It is important to be open to new ideas and to be willing to challenge existing assumptions.

9. The ninth part of the document discusses the importance of maintaining a positive attitude and staying motivated throughout the research process. This involves setting realistic goals and deadlines, and celebrating small successes along the way. It is important to be resilient in the face of setbacks and to keep the big picture in mind.

10. The tenth part of the document discusses the importance of being transparent and honest in the research process. This involves acknowledging any limitations or weaknesses in the research, and being open to criticism and feedback. It is important to be truthful in the reporting of results, and to avoid any form of plagiarism or data manipulation.

a

**Language of the Heart: Bill W's Grapevine Writings, (New York: The AA Grapevine, Inc., 1988), p. 236*

— . ,
, : ” : ” ?”

, , ,

! ! ” ”

, , ? ?

, , — ,

, , — ,

, , —

, , ,

, , ,

, , ? ” ”

, , ,

(Harold S Kushner, *When bad things Happen to Good People*, New York, Random House, 1987, audio cassette)

1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes that proper record-keeping is essential for transparency and accountability, particularly in the context of public administration and government operations. This section also highlights the role of technology in streamlining record management processes and reducing the risk of errors or data loss.

2. The second part of the document focuses on the implementation of robust internal controls and risk management frameworks. It outlines the need for regular audits and assessments to identify potential vulnerabilities and ensure that organizational policies are effectively enforced. This section also discusses the importance of employee training and awareness programs to foster a culture of integrity and ethical behavior within the organization.

3. The third part of the document addresses the challenges of data security and privacy protection in the digital age. It highlights the need for strong cybersecurity measures, including encryption, access controls, and regular security updates, to safeguard sensitive information from unauthorized access and cyber threats. Additionally, it discusses the importance of complying with relevant data protection regulations and ensuring that data is handled in a lawful and ethical manner.

4. The fourth part of the document explores the role of leadership and governance in promoting organizational success and sustainability. It emphasizes the importance of clear communication, strategic vision, and effective decision-making by top management. This section also discusses the need for regular reporting and transparency to stakeholders, as well as the importance of fostering a positive organizational culture that values innovation and continuous improvement.

5. The fifth and final part of the document provides a summary of the key findings and recommendations. It reiterates the importance of a holistic approach to organizational management, one that integrates financial, operational, and ethical considerations. The document concludes by encouraging organizations to embrace change and innovation, and to continuously seek ways to improve their performance and contribute to the greater good of society.

Ourselves and Alcoholism, Al-Anon pamphlet P-48.

Understanding

3.

1990

„35

“)*

*Steve Chandler, 35 Ways to Create Great Relationships, (St. Paul, MN: HighBridge Co., 1998), audio cassette

?”

?

?

” *

**Courage to Change*, (Virginia Beach, VA: Al-Anon Family Group Headquarters, Inc., 1992)

” (Awareness, Acceptance, Action) – o

One Day at a Time – (ODAT),

*Getting the Love You Want , A Guide for
Couples (New York: Henry Holt &Company, Inc. 1988).*

** Tom Rusk M. D., The Power of Ethical Persuasion – Winning Through Understanding at Work and at Home, (New York, Penguin Books, USA Inc., 1994)*

**George Thompson, Verbal Judo – The Gentle Art of Persuasion, (New York, Quill, William Morrow, 1993)*

?

?

?

*

**John Gottman, Why Marriages Succeed or Fail... And How You Can Make Yours Last, (New York: Fireside, 1994)*

” ”
” ”
” ”

” ”

”

”

!”

”

”

”

—

”

”

—

—

?

”

”

”

—

”

”

”

”

”

”

”

,

-

.

.

.

** Deborah Tannen, That's Not What I Meant, (New York: Ballantine Books, 1986)*

**John Powell, Why Am I Afraid To Tell You Who I Am?, (Niles, IL: Argus Communication, 1969)*

1.

2.

3.

4.

5.

2.

?”

...

?”

).

)

(

(

...”

...”

...”

...”

...”

...”

...”

—

3-5

– silent and listen?

**The Synonym Finder* (Emmaus, PA: Rodale Press, 1978)

*Emmet Fox, *The Sermon on The Mount*, (San Francisco, 1989)

1992 .

*

* - *Overeaters Anonymous,*

()

*

()

()

*

?"

()

()

”

!”

?

?

!"

?
?"

: "

!

?"

!”

”

”

. 1.1.



!

?

?

()

”

”

?”

.)

· (

*
Alcoholism, p.5

, *Understanding Ourselves and*

(*Overeating Anonymous*),

, 25-

: „Non illegitimae carborundum” - „

”

: „ ,

!”

”

”

(

.)

”

”

1. The first part of the document discusses the importance of maintaining accurate records of all transactions. This is essential for ensuring the integrity of the financial statements and for providing a clear audit trail. The records should be kept up-to-date and should be easily accessible to all relevant parties.

2. The second part of the document outlines the various methods used to collect and analyze data. These methods include interviews, surveys, and focus groups. Each method has its own strengths and weaknesses, and it is important to choose the most appropriate method for the specific research objectives.

3. The third part of the document describes the process of data analysis. This involves identifying patterns and trends in the data, and then interpreting these findings in the context of the research objectives. It is important to be objective and unbiased in this process, and to avoid drawing conclusions that are not supported by the data.

4. The fourth part of the document discusses the importance of communicating the results of the research. This involves writing a clear and concise report that summarizes the findings and provides recommendations for future action. It is important to use plain language and to avoid technical jargon, so that the results can be understood by a wide range of stakeholders.

5. The fifth part of the document concludes by emphasizing the need for ongoing evaluation and improvement. Research is a continuous process, and it is important to regularly review the methods and findings to ensure that they remain relevant and effective. This involves seeking feedback from stakeholders and being open to new ideas and approaches.

”?”

”?”

”?”

”

”

51 %

(LP)

?

?

?”

3-

”

,

,

.

,

,

.

,

.

,

,

,

?

,

,

.

,

.

,

,

,

.

,

,

,

.

(

).

—

,

”

”

”

”

”

,

”

”

”

”

.

,

,

—

.

,

,

,

.

,

,

,

—

,

,

,

.

,

,

.

—

,

,

,

.

—

—

,

.

”

—

,

”

—

”

,

,

○

,

,

.

,

,

.

,

.

.

.

,

,

.

9.30

?

”* — ”***
*A Course In Miracles, Glen Elen, CA: Foundation For Inner Peace, 1975
**G. G. Jampolski, Love Is Letting Go of Fear

()

(),

) : ”

(

15-

!”

?”

?

?

”

?

(V).
" One Day at a Time "

" "

?

?

?

" "

" "

—

" "

" "

" "

" "

,

,

,

,

,

().

7,

1

A. A. Grapevine, Inc.*

* 475 Riverside Dr., New York, NY, 10115

1.

, ,

2.

, - .

3.

, ,

4.

.

5.

, .

6.

.

7.

.

8.

, .

9.

, , ,

10.

.

11.

, My ,

.

12.

,

.

, ,
,
:
.